

## Beneski Chiropractic & Wellness Center Massage Client Intake Form

### Patient Information:

Name \_\_\_\_\_ Date \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Email \_\_\_\_\_ Phone \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Occupation \_\_\_\_\_  
 Whom may we thank for referring you? \_\_\_\_\_

### Past Medical History:

Place a mark on "yes" or "no" to indicate if you have had any of the following:

AIDS/HIV	<input type="checkbox"/> Yes <input type="checkbox"/> No	Skin Conditions	<input type="checkbox"/> Yes <input type="checkbox"/> No	Pacemaker	<input type="checkbox"/> Yes <input type="checkbox"/> No
Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	Vertigo	<input type="checkbox"/> Yes <input type="checkbox"/> No	Liver Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No
Arthritis	<input type="checkbox"/> Yes <input type="checkbox"/> No	Phlebitis	<input type="checkbox"/> Yes <input type="checkbox"/> No	Thrombosis	<input type="checkbox"/> Yes <input type="checkbox"/> No
Varicose Veins	<input type="checkbox"/> Yes <input type="checkbox"/> No	Parkinson's Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	Emphysema	<input type="checkbox"/> Yes <input type="checkbox"/> No
Cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No	Migraines	<input type="checkbox"/> Yes <input type="checkbox"/> No	High Cholesterol	<input type="checkbox"/> Yes <input type="checkbox"/> No
Asthma	<input type="checkbox"/> Yes <input type="checkbox"/> No	Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	High Blood Pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No
Epilepsy	<input type="checkbox"/> Yes <input type="checkbox"/> No	Glaucoma	<input type="checkbox"/> Yes <input type="checkbox"/> No	Multiple Sclerosis	<input type="checkbox"/> Yes <input type="checkbox"/> No
Lymphedema	<input type="checkbox"/> Yes <input type="checkbox"/> No	Gout	<input type="checkbox"/> Yes <input type="checkbox"/> No	Osteoporosis	<input type="checkbox"/> Yes <input type="checkbox"/> No
Heart Problems	<input type="checkbox"/> Yes <input type="checkbox"/> No	Hernia	<input type="checkbox"/> Yes <input type="checkbox"/> No	Thyroid Problems	<input type="checkbox"/> Yes <input type="checkbox"/> No
Embolism	<input type="checkbox"/> Yes <input type="checkbox"/> No	Stroke	<input type="checkbox"/> Yes <input type="checkbox"/> No	Recent Surgery	<input type="checkbox"/> Yes <input type="checkbox"/> No
Herniated Disc	<input type="checkbox"/> Yes <input type="checkbox"/> No				

Other \_\_\_\_\_

Are you pregnant? Yes No Due Date \_\_\_\_\_

### Health History:

#### Medications:

None

#### Exercise:

None

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

#### Allergies:

None

#### Typical day to day posture (i.e. seated/standing)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### Massage History:

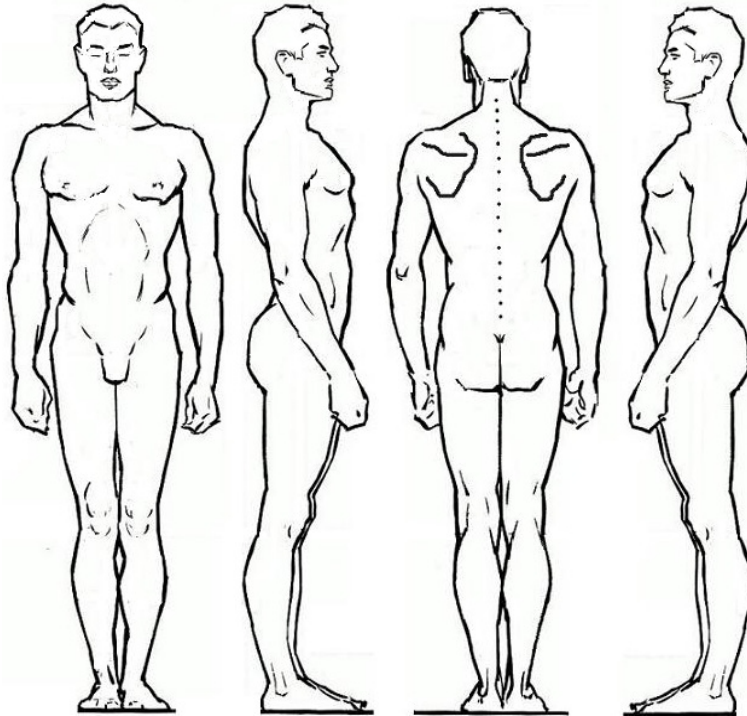
Have you had a professional massage in the past? Yes No

What are your goals for this bodywork/massage session? \_\_\_\_\_  
 \_\_\_\_\_

Professional bodywork (physical therapy, chiropractic, massage, etc.) previously received and frequency of visits: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Use this space to mention any other issues or concerns:

Please Indicate Below any areas you are having trouble with:  
A=Ache, B=Burning, N=Numbness, P=Pins & Needles, S=Stabbing, O=Others



**MESSAGE CONSENT AND OFFICE POLICIES:**

**Consent for Care:**

- It is my choice to receive Massage Therapy, and I give consent to receive treatment.
- I understand that Massage Therapists DO NOT diagnose illness, disease or any other physical or mental disorders, and that Massage Therapy is not a substitute for medical examination and/or diagnosis.
- I affirm that I have stated all my known medical conditions and shall take it upon myself to keep my Massage Therapist updated on my physical and mental health. I also agree there shall be no liability on the practitioner's part should I neglect to do so.
- I agree that if I experience any pain or discomfort during this session, I will immediately inform the therapist so that the pressure and/or strokes may be adjusted to my level of comfort.
- I understand that Massage is for Therapeutic purposes and no inappropriate sexual conduct will be tolerated.
- It is up to you and your therapist to discover the most beneficial firmness and pressure to be used. Communication is of utmost importance during this process. When working with your therapist let them know if something feels good and especially let them know if something is uncomfortable. With myofascial and deep tissue work there are times you can be uncomfortable and this would be a normal process.

**Massage Appointment Policies:**

- A 24 hour notice is required to cancel or reschedule massage appointments
- A "No Show" will be charged at the full price of the scheduled service
- Same day cancelled or rescheduled massages will be charged at 50% of the scheduled service
- If you held your appointment with a voucher and a 24 notice is not given, you will forfeit your voucher
- Late arrivals are not granted time extensions but will receive the remainder of their scheduled session and full session price will be due
- An appointment is held by payment for that appointment and payment is collected when an appointment is made. If an appointment is cancelled within 24 hours and a refund is requested it will be granted as soon as possible depending on payment type. Credit Card will be refunded immediately. Check or Cash will be refunded by check within 5 business days from request.

**Tipping:**

- If you wish to tip your therapist for an exceptional job your generosity is appreciated. There are small manila envelopes at the front desk and in the massage room. Simply place your tip into the envelope and give it to the front desk. The envelope will remain closed and delivered to your therapist. Tipping is in no way mandatory!!!

**By signing below I acknowledge that I have read and understand the massage policies.**

Client's Name (Printed): \_\_\_\_\_

Client's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent/Guardian (if client is a minor) : \_\_\_\_\_

Date: \_\_\_\_\_