FIRST VISIT SUBJECTIVE	DATE:	Name:	File #:
1st Complaint:			DOO:
		0 1 2 3 4 5 6 7 8 9 10	
•		circle 0-25% 26-50%	
How much has this problen	•		017070 7010070
·		2 3 4 5 6 7 8 9 10 Com	pletely able to perform
·		·	
2nd Complaint:			D00:
How this problem began: _			
Grade this complaint:	No Pain 0	1 2 3 4 5 6 7 8 9 10	Severe Pain
How often is this symptom	present?	circle 0-25% 26-50%	51-75% 76-100%
How much has this problen	n interfered w	ith your daily activity?	
Unable to pe	erform 0 1 2	2 3 4 5 6 7 8 9 10 Comp	pletely able to perform
What makes this complaint	feel better?		
What makes this complaint	feel worse?		
3rd Complaint:			DOO:
		1 2 3 4 5 6 7 8 9 10	
How often is this symptom	present?	circle 0-25% 26-50%	51-75% 76-100%
How much has this problen	n interfered w	ith your daily activity?	
Unable to pe	erform 0 1 2	2 3 4 5 6 7 8 9 10 Com _l	oletely able to perform
What makes this complaint	feel better?		
		0 1 2 3 4 5 6 7 8 9 10	
•		circle 0-25% 26-50%	
How much has this problen	•		JI / J/0 / O 100/0
·		2	oletely able to perform
·		·	oretery able to perform
List other services you have	received in an	effort to feel hetter:	
List other services you have	received iii aii	remore to reer better.	
Have you had any Spinal X-r	ays, MRI, CT s	can for your area of complaint?	Yes No
	•		

Please shade in the area of your complaint.

(Do Not Circle)

A= Aching

B= Burning

N=Numbness

P= Pins + Needles

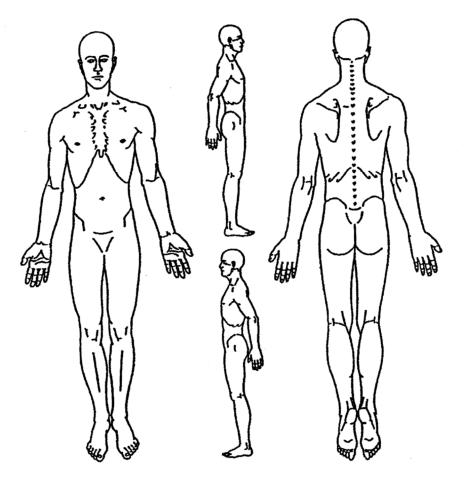
S= Stabbing

TH= Throbbing

SH= Shooting

SP= Spasms

O= Other



Problem and Activity it is limiting		
1.		
2.		
3.		
4.		
Activity Scoring:		

Nutrition Date:	Re-Test:

Reflex	Pulse	Supplement	Dose	Supplement	Dose	Supplement	Dose

HEALTH HISTORY DATE: Nam	e: File #:
Primary Care Physician:	Phone:
Address:	
	Date of Last Primary Care Visit:
In general would you say your overall health is:	Excellent Very good Good Fair Poor
Medications:	
Vitamins:	
Special diet or weight loss effort:	
Exercise:	
Currently Pregnant? No Yes # of weeks:	<u></u>
Cancer or Tumor: No Yes (Explain)	
Surgeries: None or (Explain)	
History of Alcohol or Drug Dependency? Y N	
Tobacco History: None Use:	
My work is sedentary 100% 75% 50% 25% 0%	of the time.
How long do you spend on your commute to work? _	
Check all that apply:	
Pain Unrelieved by Position or Rest	Diabetes (Type I or II ?)
Numbness in the Groin/Buttocks	Corticosteroid Use (Cortisone, Prednisone etc.)
Recent Fever	Birth Control
High Blood Pressure	Dizziness or Fainting
Stroke (date:)	Aids/HIV
Headaches not related to presenting complaint	Upper GI Problems
Herniated or Slipped Disc (Neck Lower Back)	Lower GI Problems
Prostate Problems	Asthma
Menstrual Problems	Epilepsy/Seizures
Urinary Problems	Other:
Osteoporosis	
Please report family history such as heart disease, can	acor stroko diabatas ats
riease report family history such as heart disease, can	
docoacad	deceased
	deceased

Date:

Patient Signature: